

PLAS MADOC

Leisure Centre

TERM TIME POOL TIMETABLE

BOOK IN ADVANCE – 01978 821600

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9am - 10pm	Aqua Aerobics 9.30am - 10.15am						
10am - 11am							
11am - 12noon	Over 50's 10.30am-11.30am	Little Splashers 10.30am-11.30am		Aqua Aerobics 11am - 11.45am			
12noon - 1pm		Over 50's 11.45am - 12.45pm		General Swim 12noon - 1pm		General Swim 9.30am - 4pm	General Swim 9.30am - 4pm
1pm - 2pm	Pool Closed Private Hire			Little Splashers 1pm-2pm			
COVID READY—HOW DO THE CHANGES AFFECT YOU? Please ask when you book or visit our website www.plas-madoc.com for details.							
3pm - 4pm							
4pm - 5pm	General Swim 3.30pm - 6.30pm	Swimming Lessons 3.45pm - 7pm		Swimming Lessons 3.45pm - 7pm	General Swim 3.30pm - 6.30pm	Available for Private Hire 4pm - 5pm	
5pm - 6pm			General Swim 3.30pm - 8.30pm			<u>Swim Ratio</u> > For children aged 4 and under, the ratio is 1 adult to 1 child > For children aged 5-7 the ratio is 1 adult to 2 children > Children aged 8 and over may swim unsupervised > Little Splashers— is an instructed session designed to introduce little ones to the water for the first time, set to music (1:1 Ratio) > Please note this Timetable is from September 21st 2020 onwards for term time swimming only, and is subject to change.	
6pm - 7pm							
7pm - 8pm	Pool Closed Private Hire	Aqua Zumba 7.15pm - 8pm		Aqua Aerobics 7.15pm-8pm	Pool Closed Private Hire		
8pm - 9pm				Adult Swim 8pm-8.45pm			