

PAY AS YOU GO PRICES

SWIMMING

Adult	£5.10
Concession	£3.30
Junior	£3.30
Family Ticket	£14.00 (2 adults & 2 children)
Spectator	£1.00

GYM

Adult	£7.00
Concession	£4.70

JUNIOR GYM

Junior	£3.60
(Monday-Friday 4pm-5pm / Sunday 10am-11.00am)	

FITNESS CLASSES

45 min Classes	£5.00
30 min Classes	£4.00

SQUASH

(45 minute session)

Peak time	3pm - 10pm	£7.00
Off Peak time	7am - 3pm	£6.00

TABLE TENNIS

(45 minute session)

Peak time	3pm - 10pm	£7.00
Off Peak time	7am - 3pm	£6.00

BADMINTON

(45 minute session)

Peak time	3pm - 10pm	£9.00
Off Peak time	7am - 3pm	£8.00

SPORTS HALL

(45 minute session)

Peak time	3pm - 10pm	£33
Off Peak time	7am - 3pm	£24

Racket Hire is £1 per item / Football hire requires a deposit to be left with Reception.
Off Peak times - Mon to Friday 7am-3pm / Saturday and Sunday 9.30am-4.00pm.
Peak Times - 3pm-10pm-Monday to Friday

GYM AT PLAS MADOC

We boast a large spacious newly refurbished Gym, kitted with Life Fitness CV equipment we also have a large free weights are.
Separate to the Gym we have a new Functional Training studio. Why not take a look?

JUNIOR FITNESS

Junior Gym
Monday-Friday : 4pm-5pm
Sunday : 10am-11.00am
Gym access with parental supervision before 4pm

BLOCK BOOKINGS

We offer regular Hall Bookings the opportunity to block book at a discounted weekly rate, this commitment lasts 3 months and all sessions during this time must be paid for. If you are interested in available slots ask at reception for more details.

SWIMMING LESSONS

Lessons start from ages 4+
Cost : £61.20 (£5.10 per lesson) for a 12 week course
Lessons are 30 mins and take place once a week on a Tuesday or Thursday evening between 3.30pm and 7pm (Time slots are available to select when you book) .
Courses run in January, April & September—ask at reception about waiting list times.

DIRECT DEBIT MEMBERSHIP PRICES

No joining fee, minimum 3 month membership.

You will need to provide us with a DD mandate, available from reception.

FULL MONTHLY MEMBERSHIP

Includes Gym, Classes & Swimming

Adult £26

Concession £22

Corporate £25

GYM/SWIM/ CLASSES ONLY MONTHLY MEMBERSHIP

Pick which membership type best fits you

Adult £23

Concession £18

JUNIOR MEMBERSHIP (Age 5-15)

Gym Only £14

Swim Only £14

Full £19 (Gym & Swim)

Junior = Ages 5 - 15 years old.

Concession = Age 60+ / Disabled / Student

Corporate = Employees of NHS, Emergency Services & Teachers.

**Add a child on to your membership
for £5 per month, per child. (Ages 4-15)**

You must have an active paying adult to qualify for this additional fee

(Includes General Swimming sessions, Junior Gym (see times on reverse) & Gym access with parental supervision before 4pm)

CASH MEMBERSHIP PRICES

3 MONTH MEMBERSHIPS - Pay 3 months upfront for ease and without the tie of a Direct Debit.

FULL MEMBERSHIP

Adult £78

Concession £66

Junior £57 (Gym Only/Swim Only)

Corporate £75

GYM/SWIM/CLASSES ONLY MEMBERSHIP

Adult £69

Concession £54

Junior £42 (Gym Only/Swim Only)

Corporate £66

12 MONTH MEMBERSHIPS - Pay for 10 months up front, get 12 months membership!

FULL MEMBERSHIP

Adult £260

Concession £220

Junior £190 (Gym Only/Swim Only)

Corporate £250

GYM/SWIM/CLASSES ONLY MEMBERSHIP

Adult £230

Concession £180

Junior £140 (Gym Only/Swim Only)

Corporate £220

Junior = Ages 5 - 15 years old. **Concession** = Age 60+ / Disabled / Student

Corporate = Employees of NHS, Emergency Services & Teachers.